

Allergen Information

Please note that we bake our own bread on the premises and use nuts in many of our dishes. Despite efforts to avoid cross contamination, we routinely handle a number of high risk allergens in our kitchens. These include wheat flour (gluten), nuts and sesame seeds. It is therefore possible that traces of gluten, nuts and sesame may be found in any of our dishes. Please refer to the list of allergenic ingredients contained in our menu items below.

Starters

- 1) **Zeytun Hafez:** Walnuts (**Tree Nuts**)
- 2) **Salad-e Olivieh:** Mayonnaise (**Egg**), Hardboiled Whole Egg (**Egg**)
- 3) **Kashk-e- Bademjan:** Trace of Wheat Flour (**Gluten**), Walnuts (**Tree Nuts**), Kashk (**Milk**)
- 4) **Baba Ghanoush:** Tahini (**Sesame**)
- 5) **Mirza Ghasemi:** Trace of Wheat Flour (**Gluten**)
- 6) **Sabzi -Khordan:** Feta Cheese (**Milk**), Walnuts (**Tree Nuts**)
- 7) **Torshi:** Celery (**Celery**), Malt Vinegar, Barley (**Trace of Gluten**)
- 8) **Hafez Salad:** Feta Cheese (**Milk**), Walnuts (**Tree Nuts**)
- 10) **Mast-o Khair:** Yogurt (**Milk**)
- 11) **Mast-o Mousir:** Yogurt (**Milk**)
- 12) **Hummus:** Tahini (**Sesame**), Chickpeas (**Legumes**) processed at source with Peanuts and Soybeans so may contain traces of Peanut or Soy
- 14) **Ash-e-mash:** Trace of Wheat Flour (**Gluten**), Lentils (**Legumes**), Mung Beans (**Legumes**)
Persian Bread: Wheat Flour (**Gluten**), Sesame Seeds (**Sesame**)
Freshly Cut Vegetable Crudités: Contains Celery (**Celery**)

Main Courses

- 27) **Vegetarian Ghorme Sabzi:** Trace of Wheat Flour (**Gluten**), Sun-dried Lime Sulphites (**Sulphur Dioxide**), Red Kidney Beans (**Legumes**)
- 28) **Vegetarian Bademjan:** Trace of Wheat Flour (**Gluten**)
- 29) **Vegetarian Bamieh:** Trace of Wheat Flour (**Gluten**)
- 30) **Vegetarian Fesenjan:** Walnuts (**Tree Nuts**)
- 31) **Lamb Gheimeh:** Sun-dried Lime Sulphites (**Sulphur Dioxide**), Yellow Split Peas (**Legumes**)
- 32) **Lamb Gheimeh Bademjan:** Sun-dried Lime Sulphites (**Sulphur Dioxide**), Yellow Split Peas (**Legumes**)
- 33) **Lamb or Chicken Ghormeh Sabzi:** Trace of Wheat Flour (**Gluten**), Sun-dried Lime Sulphites (**Sulphur Dioxide**), Red Kidney Beans (**Legumes**)
- 34) **Lamb or Chicken Bademjan:** Trace of Wheat Flour (**Gluten**)
- 35) **Lamb or Chicken Bamieh:** Trace of Wheat Flour (**Gluten**)
- 36) **Chicken Fesenjan:** Walnuts (**Tree Nuts**)
- 37) **Grilled Salmon:** Fish (**Fish**)
- 38) **Pan-Fried Sea Bass:** Fish (**Fish**), Wheat Flour (**Gluten**)



Additional Side Dishes

Zereshk: Contains: Almonds, Pistachios (**Tree Nuts**), Butter (**Milk**), Wild Barberries Sulphites (**Sulphur Dioxide**)

Persian Bread: Wheat Flour (**Gluten**), Sesame Seeds (**Sesame**)

Speciality Rice Dishes

Saturday

Zereshk Polow: Contains: Almonds, Pistachios (**Tree Nuts**), Wild Barberries Sulphites (**Sulphur Dioxide**), Butter (**Milk**)

Sunday

Baghali Polow: Broad Beans (**Legumes**), Clarified Butter (**Milk**)

Speciality Drinks

Doogh: Contains Yogurt (**Milk**)

Desserts

Pomegranate Ice Cream: Double Cream, Milk (**Milk**), Egg (**Egg**)

Saffron Ice Cream: Double Cream, Milk (**Milk**), Pistachios (**Tree Nuts**), Egg (**Egg**)

Mackie's of Scotland White Ice Cream: Double Cream, Milk (**Milk**), Egg (**Egg**)

Sholeh Zard: Almonds, Pistachio decoration (**Tree Nuts**), Clarified Butter (**Milk**)

Selection of Traditional Persian Sweets and Baklava: Contains: Egg (**Egg**), Wheat Flour (**Gluten**), Butter, Yogurt (**Milk**), Pistachios, Almonds (**Tree Nuts**)

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